

sozial - modern - vielfältig

## "Let's start the week together!"



## Every Monday 9:00 – 9:30 a.m.

The lockdown and studying online takes a lot of students to their mental limit. Sorrows about the future, lonliness and excessive demands can be the biggest challenge in these days.

I would like to offer you a space where international students can meet to get in touch and to talk about how to handle this difficult situation. We will have a look, which strategies could help and which goals you have in this week. When we meet regularly at Monday it could support you to stay motivated. The group "let's start the week together" is open to all international students.

You can join the group without any pre-registration.

## Use this LINK.